INVITE	Goals	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Totals
1. How many people added						_			
to my contact list:									
2. How many people invited									
to a challenge, Shakeology,									
Coaching									
PRODUCT OF THE									
PRODUCT									
1. Workout									
2. Shakeology									
PERSONAL									
DEVELOPMENT									
PD Today?									
WEEKLY TOTALS	TOTAL								
How many people did I									
invite to a challenge:									
How many people									
responded to my invite									
How many people did I send									
to a video/tool?									
How many signed up as coaches/customers?									
How many days did I									
workout									
How much time spent in PD									
How many hours did you									
work?									
WHAT IS YOUR WHY for									
working this week???									